

# A LIST OF CORE VALUES

Below is a list of common core values. This list is not all-inclusive, but it will give you an idea of some common core or personal values.

Select your top three core values.

Once you've selected your three top values, write a brief sentence to describe your values.

For example:

Value #1 Growth - to continue to do my personal work to grow into the best person I can be.

Value #2 Communication - to always show up for all conversations even the tough ones using the tools of Council and Non-Violent Communication.

Value #3 Health - to move and eat every day in a way that keeps my body happy.

## Core Values List

- Authenticity
- Achievement
- Adventure
- Authority
- Autonomy
- Balance
- Beauty
- Boldness
- Compassion
- Challenge
- Citizenship
- Community
- Competency
- Communication
- Contribution
- Creativity
- Curiosity
- Determination
- Fairness
- Faith

- Fame
- Friendships
- Fun
- Growth
- Happiness
- Health
- Honesty
- Humor
- Influence
- Inner Harmony
- Justice
- Kindness
- Knowledge
- Leadership
- Learning
- Love
- Loyalty
- Meaningful Work
- Openness
- Optimism
- Peace
- Pleasure
- Poise
- Popularity
- Recognition
- Religion
- Reputation
- Respect
- Responsibility
- Security
- Self-Respect
- Service
- Spirituality
- Stability

- Success
- Status
- Trustworthiness
- Wealth
- Wisdom